Mitchell L. Seitz, M.D.

Blood Sugar Log

Patient Name:______________________

Date	Breakfast				Lunch				Dinner				Bedtime Blood Sugar
	Treatment		Blood Sugar		Treatment		Blood Sugar		Treatment		Blood Sugar		
	Fast Acting	Slow Acting	Before	After 2 Hrs	Fast Acting	Slow Acting	Before	After 2 Hrs	Fast Acting	Slow Acting	Before	After 2 Hrs	